

THE KITCHEN CABINET

Unusually or shoddily cooking, or an unwise selection of food, may neutralize a delicious appetite, or even breed dyspepsia.—Jordan.

GOOD EATING.

A quick and delicious salad dressing is made as follows: Rub to a paste the yolks of three

hard-cooked eggs and two table-spoonsful of olive oil; add salt, paprika and white pepper to taste, then add slowly two table-spoonsful of good vinegar; add gradually half a cupful of cream, and when well mixed beat it two minutes with an egg beater; set on the ice until thoroughly chilled; this is particularly good for potato or any vegetable salad.

Tongue is recommended to be used in place of meat in mince pies; then they may be served cold and are equally as good as hot.

French fried potatoes, if rolled in cornmeal before frying will be found much improved.

When bell ham add a few cloves and whatever canned fruit juice is at hand, such as peach, pear, quince, apricot or the juice from pickled peaches or pears.

Patty shells seasoned with grated cheese make a delicious change from the plain, everyday kind.

New York Sandwich.—With three table-spoonsful of finely minced ham blend two table-spoonsful of finely minced onion. Add one well-beaten egg, and when well mixed add two table-spoonsful into hot drippings; pat in shape, and when delicately brown on one side, turn and serve on the other, then place between slices of bread, buttered and cut in sandwich form. Serve on lettuce.

Pecan Praline.—Roll together two cupfuls of brown sugar, a quarter of a cupful of boiling water, until thick, then add four table-spoonsful of butter and cook five minutes; remove from the stove, add a cupful of pecans and beat for one minute, or until thick enough to drop by spoonfuls on a buttered pan.

Apple Pudding.—Put layers of buttered toast in a baking dish, cover with chopped apple, a little sugar and cinnamon, then another layer of toast, buttered. Pour over a custard, using a pint of milk and two eggs, with salt and sugar. Bake until the custard is set.

In the school of experience everybody pays his own tuition and nobody ever graduates.—Judge.

Many men owe the grandeur of their lives to their tremendous difficulties.—Spurgeon.

AUTUMN FISH.

Now that oysters are again in season a nice dish to serve is the following: Take a cupful of rich white sauce, add two cupfuls of oysters, cooked fish, and a cupful of oysters chopped fine. Butter a dish, put in the fish, then a layer of white sauce, then the oysters, season with salt, cover with white sauce and buttered crumbs. Brown well in the oven.

Clam Pie.—This is a good dish for a chilly night. Cut off the black part of the clam if the soft-shelled ones are used; chop the clams and fill after being seasoned into small ramekins, cover with a rich piecrust and bake brown.

Spread oysters with Tartar sauce to serve as first course. Add one table-spoonful each of chopped parsley, pickles, capers and olives to a cupful of mayonnaise dressing.

Hot Shrimps.—Let the shrimps soak in ice water, dry and clean them, butter a baking dish and put in a layer of white sauce made with cream, then a layer of shrimps, salt and pepper; repeat until the dish is full, cover the top with sauce, sprinkle with buttered crumbs and brown in the oven.

Clam Chowder is another cold evening dish that touches the spot. Use a can of clams, add the last 15 minutes to the hot soup. Fry a slice of salt pork, cut in dice, and add an onion or two, a few sliced potatoes and water to cover and cook them until tender; then add milk, the clams and crackers, allowing the clams to cook without becoming tough.

Clam Fritters.—Beat the yolks of two eggs, add salt and pepper, a table-spoonful each of butter and lemon juice. Beat it up well and let stand two hours. Then add chopped clams so that it will be a thick drop batter; fry two or three at a time to avoid cooling the fat. Drain on paper in the oven.

Crab meat added to rich white sauce and served on toast makes a nice luncheon dish. Crab meat and chopped hard-cooked eggs make a nice sandwich filling.

Little oyster crabs are delicious served as an entree or for luncheon as a more substantial dish. Wash and dry them, dip each in milk and seasoned flour and fry in hot fat. Lay on a paper doily and surround with lemon and parsley.

POSTSCRIPTS

A compressed-air locomotive has been installed on one large Cuban sugar plantation to avoid all danger from sparks.

The railroads of the United States consumed 128,200,000 tons of coal last year, or 24 per cent of the total production.

A meteorite weighing about twenty tons is reported to have fallen recently at Licoor, in the state of Pernambuco.

Flower of Ill Repute. Those who have tried it declare that the petals of snowdrops, dried and crushed to powder, make a fragrant and exhilarating snuff. However, some who all their pipes with all kinds of snuff as substitutes for tobacco, might not care to hand round a box filled with snowdrop snuff. In many rural parts of England the snowdrop is a flower of ill repute. It is un lucky to carry the first spray of the season into the house, and it is a barbarous act to offer snowdrops to any

one of the opposite sex. Such a gift is supposed to imply a wish for the death of the recipient.

A Tie. "Mrs. Flubdub and Mrs. Wombat are a couple of haughty dames, yet they seem to get along with each other."

"They have to get along. Mrs. Flubdub's children are the only ones in the neighborhood good enough to play with Mrs. Wombat's children and vice versa."

In Woman's Realm

Formal Suit That Has the Merit of Distinction Through Novelty Is Costume Designed for the Afternoon, in Velvet or Other Fabrics—Dainty Caps for Wear in the Boudoir.

A formal suit may arrive at distinction through novelty in material or in unusual and original design, or by means of beauty in style and finish. Here is one that has drawn upon all these sources, and it presents a stunning conception carefully worked out. The formal suit, like the one-piece frock worn with fur, affords a distinguished costume for afternoon and for anything the afternoon may bring. It is worn with a costume blouse and is more beautifully made or more alluringly dainty.

Soft silks or satins, silk crepe, chiffon lace and ribbon, as in times past, are the mediums in which designers work out their inspirations. Silver tissue and silver laces and other things that possess shimmer and gleam extend their field of usefulness beyond the dinner and dance costume to do a little twinkling in the boudoir cap. And even negligee assumes the splen-



FORMAL SUIT OF FUR-FABRIC.

equal to all the demands of semi-dress. Velvet offers advantages for this kind of suit, and other pile fabrics, including that shown in the picture, are equally rich and more novel.

The suit is made with a plain skirt finished with a hem five inches wide. A material of this kind does not need decoration, but since needlework is the order of the day, an embroidered motif is allowed in two places at each side of the skirt at the hem. Very heavy silk is used for this work. The skirt sets smoothly about the hips and falls in folds below.

The coat is unusual in many ways. Its skirt is sloped upward across the front and right side, where it falls with a slight ripple from the waistline. It is much longer and fuller at the back. The body is plain, with easy adjustment to the figure. The sleeves are large and finished with deep, expansive cuffs, and there is a collar of most generous proportions which sweeps the neck in the becoming fashion most approved. The front of the coat does not open straight down the center, but the left side is curved to extend across the figure at the waistline and button



NEGLIGEE FOR THE BOUDOIR.

at the right side. There is no giraffe, but a rectangular piece of the fabric takes the place of one at the back. It is ornamented with three buttons at each side.

It will be noticed that the skirt extends below the shoulders, but lacks much of reaching the instep. This length is approved by style makers, but many women cling to the shorter skirts, and, since feet are so daintily clad, there is every reason for allowing them this privilege.

The ingenuity of those who create new caps and negligees and other dainty belongings for womanhood has been put to its annual test. Before the holidays these luxuries that women love blossom out at their best, and they must be like and unlike those that have helped make other holiday times radiant. Whether they were ever more beautiful or not cannot be determined. It is certain they were never

less. The cap is gathered into a bonnet. The cap is as simple as can be. A border of narrow satin ribbon is stitched to the net top of the lace, about two inches in from the edge, to form a casing for a small flat elastic. This is inserted and the lace is pulled down smooth. One end of the elastic is attached to the ribbon, and the other end of the elastic is attached to the ribbon, and the other end of the elastic is attached to the ribbon.

Gold and silver, brilliant, tarnished and bright, luster, embroidered in gorgeous silks, on modest serge, on filmy laces, are more in evidence than ever in new winter materials. Wherever one looks in the shops there is the glitter of precious metals. It hits the eye and leaves an impression on the brain that every one will be apt to feel in this winter's garb. In fact, the robe for day, as well as evening, which has not some touch of shimmering brilliancy will not seem right

the most profitable of the mineral resources of that state. One ruby of 75 carats, taken out a few years ago, was valued at \$125,000; sapphires are named in Kashmir, but the mines, after having been worked for over nine hundred years, are now said to be giving out.

Complete Reformation. Any smoker who wishes to quit the habit can do so by knocking the live ashes of his pipe into a keg of blasting powder.—Boston Transcript.

Precious Stones of India. For variety of precious stones, no country in the world can rival India. Though she exports annually over \$1,000,000 worth of jewels, she still retains many, as centuries ago, the storehouse for the nations. Diamonds, rubies, sapphires, tourmaline, garnet and many kinds of rare chalcidony are mined throughout her many provinces. The diamond industry is relied on to a great extent in the central provinces. Rubies are mined in Upper Burma, and, next to petroleum, form

CONCRETE BLOCK OF GREAT VALUE

Enables Builder to Get Effects at a Comparatively Slight Expense.

LENDS ITSELF TO NOVELTY

Beautiful Facings Easy to Make—Without Costly Work of Masons—Bungalow Shows What May Be Done With Material.

By WILLIAM A. RADFORD. Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 187 Prairie Avenue, Chicago, Ill., and only enclose two-cent stamp for reply.

Since concrete blocks have found their way into the field of home construction the architect has been furnished with a greatly increased range of finishing effects which may be used without involving a prohibitive cost to the owner. As a first consideration, the concrete block may be made almost any shape, and novel masonry is obtained without the necessity of a great deal of chipping and shaping of the blocks by the mason. It is not necessary to use blocks having a monotony of size and shape, for all up-to-the-minute concrete building block manufacturers are aware of the possibilities which their product offers, and equipment for the casting of a variety of sizes and shapes is now installed in their plants.

Second consideration which has placed the concrete block in favor among those who desire a thoroughly high-grade exterior finish is found in the beautiful facings which may be made an integral part of the block. This feature is a development which is largely responsible for the widening field which the concrete building block serves. Closely allied with the use of various crushed natural stones in the facings is the development and use of white cement, which may be used either alone or in combination with a number of pigments, resulting in the production of any shade of a number of colors.

The use of these materials enables the manufacturer to produce very close imitations of highly expensive stone at a reasonable cost. Marble,



6629X

granite, sandstone and limestone may be imitated with such exactness that there is nothing gained in the use of the true material. The surface of the faced block is, in rule, finished in one of two ways. After the cement has taken its initial set, the crushed stone is exposed by the use of water and a steel wire brush. This surface is rough and produces much the same effect as the natural surface of the rough natural stone. Those stones which are capable of taking a polish in their natural state may be closely imitated by the use of the crushed material, which is allowed to set firmly in the face of the block, and then the surface is planed down smooth and polished. In addition to these two methods of facing it is possible to tool the surface of the block in any desired way.

In the structure, the block may be used to carry out the effect which some builder is striving for. One man may be pleased with the massive effect obtained by the use of large blocks in the entire structure. Another finds his desires realized in the combination of concrete blocks with other building materials. In the latter class of buildings an effect which has been well demonstrated by the use of ornamental brick may be obtained with equal success by the use of concrete blocks in the construction of the porch on a frame house.

The illustrations present a bungalow which has been designed with a porch of distinctive concrete blocks. In this case the architect has found it possible to greatly improve the appearance of the structure by including the chimney in the porch effect. The facing used is composed of marble chippings and white cement. The surface of the block is left rough, the marble being exposed by the steel brush. Two sizes are used in the walls and special-size blocks are cast for the porch rail. The work is laid up in alternate wide and narrow courses and is pointed with dark-colored mortar. The heavy columns of the porch are balanced by the chimney, which is largely responsible for the manner in which the porch seems to blend into the house design.

Shy of Faith. Helmy—Blank is evidently a student of human nature. Omar—Why do you think so? Helmy—He has no faith in mankind. Omar—Oh, that's easily explained. He has associated with himself for a number of years.

Said in the Trenches. "So that's your old lady, is it? My, but she looks cross!" "She is. When I go home after the war I'll be scared to death the whole time again."

Rainfall in Bombay. Bombay averages more than 72 inches of rain a year and gets most of it within four or five months.

All the Druggist's Fault. Belinda was beautiful—so beautiful! And for that same beauty Brown married her.

It didn't take him long to discover that behind her beauty lay a very little brain. She was an absolute duffer at cooking.

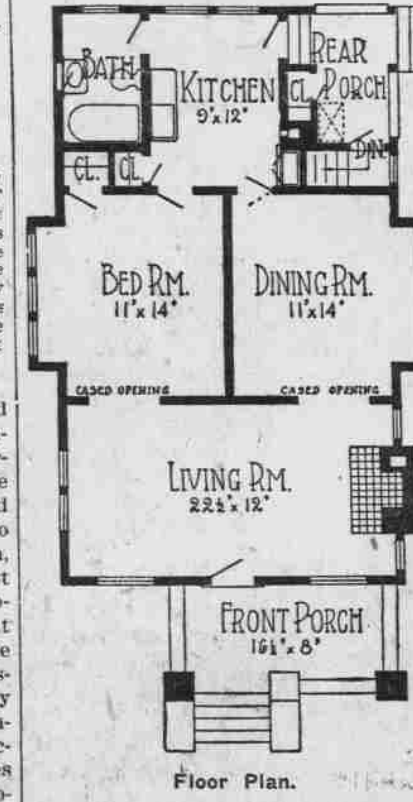
"Joseph, dear," she cooed one evening when he came home from business. "I have made you such a lovely rice pudding for your supper!"

"Thank you, dear," replied Joseph raptly, hoping for the best.

Waste of Time. It's a waste of time to fix up your statistics for the benefit of the record-keeping angel.

beams above the porch effectively finish off this part of the house. The flower box built beneath the wide window above the porch is flared out at the bottom to harmonize with the sloping roof.

The room arrangement of the bungalow is simple and effective. The living room extends from one side to the other of the front part of the house, and has a fireplace at one end. Six windows and the front door admit light to the room, assuring a pleasant place for the entertainment of afternoon guests. In the rear of the living room the dining room occupies one side of the house and the bedroom the other. A three-window bay is built into the



Floor Plan.

outside wall in each of these rooms. The opening from each of the rooms to the front part of the house is cased.

The kitchen is centrally located in the rear of the house with the bathroom on one side and the rear porch on the other. The rear porch is really built as an additional room and will prove to be a valuable addition to the space provided in the kitchen. The porch floor is lower than the kitchen floor. There are two steps in the passage to the kitchen and two steps from the porch to grade. Space is provided for the refrigerator on the porch, where it may be led without tracking dirt into the house. The basement is entered from the rear porch. Closets are provided in the bedroom, kitchen and rear porch, and a cupboard is set into the wall in the kitchen.

The utility of this room arrangement will be easily realized. A large, bright living room, such as is provided in this



6629X

design, is considered a necessity by those who take pride in making the most of their home. The numerous windows are pleasant and an abundance of beautiful sunshine is admitted into the house. The interior is fully capable of furthering the good impression given by the exterior design.

Li Hung Chang's Grandson. W. G. Anchung Kung, grandson of the great Chinese statesman, Li Hung Chang, who is at present on tour of the United States to study problems relating to agriculture, made an inspection of the water front here. He was particularly interested in studying the work of discharging tropical fruit from the refrigerating steamers. The young man's father is foreign secretary of the Chinese republic. Kung expects to be appointed commissioner of agriculture in one of the Chinese provinces on his return. He is a graduate of Cambridge university, England. He has spent much time in the southern states studying the cotton, rice and sugar plantations. He predicts the complete awakening of the whole of China within 20 years.—Boston Post.

Why We Should Be Fat. A liberal allowance of fat is needful for perfecting the shape of the body. Fat gives form and roundness to the body. Fat is needed to help maintain and regulate the body heat. Fat people, do not feel uncomfortable from the chilling blasts of winter as do their less favored lean and lank brothers. Fat acts as a reserve substance which the body can draw upon for nutrition in case of emergency, too. If one is inclined to grumble about his weight let him think what it would mean to him to be deprived of his useful protective covering of fat from the body.

Shy of Faith. Helmy—Blank is evidently a student of human nature. Omar—Why do you think so? Helmy—He has no faith in mankind. Omar—Oh, that's easily explained. He has associated with himself for a number of years.

Said in the Trenches. "So that's your old lady, is it? My, but she looks cross!" "She is. When I go home after the war I'll be scared to death the whole time again."

Rainfall in Bombay. Bombay averages more than 72 inches of rain a year and gets most of it within four or five months.

All the Druggist's Fault. Belinda was beautiful—so beautiful! And for that same beauty Brown married her.

It didn't take him long to discover that behind her beauty lay a very little brain. She was an absolute duffer at cooking.

"Joseph, dear," she cooed one evening when he came home from business. "I have made you such a lovely rice pudding for your supper!"

"Thank you, dear," replied Joseph raptly, hoping for the best.

Waste of Time. It's a waste of time to fix up your statistics for the benefit of the record-keeping angel.

DADDY'S EVENING LARY TALE

WILD FLOWERS TALK.

"Along a Country Road," said Daddy, "were Woods on either side. They continued for quite a distance until a little Farm House could be seen, and in this house there lived a small girl named Polly."

"One day Polly took a Walk through the Woods. She had been Playing hard, and she also had been Working hard in her Garden."

"I'm so tired and sleepy," she said. "And she thought she would lie down in a lovely Bed of Moss she saw on one side of the Road, on a bank."

"Oh, moss makes such a lovely Bed!" "And it seemed as though the Moss were answering her: 'Yes, Moss makes a nice Bed, and a very comfy Pillow.'"

"Soon she fell asleep, and the Flowers that before had been growing in the Woods, and along the Roads, and of which she had planned to pick a big bunch for her Home, seemed to be coming nearer and nearer to her. And then they stood all around her. And they seemed to have Faces, too, and Eyes that blinked and laughed and were merry."

"Up from a tall Plant which looked like Pulpit which she had seen in Church, came a funny looking Creature, who bobbed his Head all around and said: 'Hello, Polly, I'm Jack.' 'You're Jack?' asked Polly. 'And what is your last Name?'"

"I'm called Jack-in-the-Pulpit in the Flowers books, and my Friends call me Jack-in-the-Pulpit, too, because I look out from this leafy Flower which looks just like a Pulpit."

"And who are your friends?" asked Polly. "Will they talk to me?" "Indeed, yes," said Jack. "My Friends are these Wild Flowers who see growing about you. They're not really Wild, you know. They're just called that because they don't grow in Gardens. They like places such as the Woods and the Country Lanes. They're shy, that's what they are."

"You're right," said the bright Butterfly Weed. "Jack has told you just what we think. You see, we have to Talk a lot because a Pulpit is the place to Talk from. He has his Speeches all ready."

"Do you often make Speeches?" asked Polly. "Dear me, yes," said Jack. "I make them all the time. Even when you're picking me, I make Speeches going all the way Home."

"And I've never heard you," said Polly. "But you're hearing me now. However, I must stop Talking so you can



6629X

meet my Friends. They will tell you who they are."

"I'm the Fire Weed," said a tall crimson-pink Flower, and when a Fire breaks out in the woods and burns down the beautiful Trees, I come along and grow up in fire and tall when nothing else will live in the burnt Ground. You see, some Children had a Bonfire here, and they left some ugly burnt Ground. So I came along to help make the spot look less ugly."

"That's true," said Jack. "The Fire Weed will grow where none of the rest of us could. No marshy Ground, nothing burnt for us!"

"I'm just like a Breakfast Dining Room," said the yellow Butter-and-Eggs Plant. "When the Bee comes for Breakfast, I open my Door and close it when the Bee is inside. When the Bee has had Butter and Eggs and is feeling quite satisfied, I open the Door again and say a polite Good-Morning."

"And Polly noticed that the Butter-and-Eggs Plant had little parts to it that opened and closed just as the Plant had said."

"We're the Purple Asters," said a group of other Flowers. "We're Cousins of the Thistles and of the Daisies and of the Sun Flowers. In fact, we're very well connected. And we're nice Flowers, too." They bobbed their Heads and smiled at Polly. "We'll grow anywhere and like any Home at all. We're just naturally friendly, and happy, too!"

"Why don't you come to the Gardens, then?" asked Polly. "Because," they replied, "we couldn't leave all our Wild Flower Friends. Now, could we?"

"And Polly looked about her, she could easily see that the Asters couldn't want to leave such interesting Friends. 'Oh, dear,' sighed Polly, as she rubbed her Eyes, 'the Flowers have gone home, and they're not talking any more.'"

"But, just as she was waking up, she heard Jack in the Pulpit say: 'Come again some day, and we'll Talk more to you!'"

Encouraging the Boy. Most every boy has leisure hours everyday, which can be utilized to good advantage not alone for his parents' sake but for his own. Give the boy some pleasant occupation, and in nine cases out of every ten he will grow up to be a good boy and develop into an industrious, bright business man.

No other vocation offers as many opportunities along this line as poultry raising.

One Dollar Winner. Esther, aged seven, was listening to a conversation of her elders on the subject of sharks. "You can always know a man-eating shark," auntie said, "because he has one fin sticking out of the water." "Then," said Esther, "when you see two fins sticking out, does that mean it is a lady-eater?"

A Beauty Lever. Poet—There are few things more beautiful than sunrise in springtime. Gusher—Oh, I could just watch it all day long.—Lita.

Strong Drinks Irritate

Strong drinks like beer, whiskey, tea and coffee, irritate the kidneys and habitual use tends to weaken them. Daily backache, with headache, nervousness, dizzy spells and a rheumatic condition should be taken as a warning of kidney trouble. Cut out, or at least moderate, the stimulant, and use Doan's Kidney Pills. They are fine for weak kidneys. Thousands recommend them.

An Indiana Case

"I have been suffering from kidney trouble for some time," writes a man from Indiana. "I believe that Doan's Kidney Pills cured me from an operation. I had terrible pain in my back and the kidney operations caused me no end of suffering. Finally I used Doan's Kidney Pills and passed a large gravel stone. My back entirely removed the trouble and the cure has been permanent."

Get Doan's at Any Store, 50c a Box. **DOAN'S KIDNEY PILLS** FOSTER-McLURE CO., BUFFALO, N.Y.

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headaches, and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

Absorbine

ABSORBINE LAMENESS from a Bone Sprain, Ring Bone, Splint, Curb, Side Bone, or similar trouble and gets horse going round. It acts mildly but quickly and good results are lasting. Does not blister or remove the hair and horse can be worked. Price 17 in pamphlet with each bottle tells how. \$2.00 a bottle delivered. Homeopathic. **ABSORBINE, JR.**, the antiseptic liniment for mankind, reduces Painful Swellings, Enlarged Glands, Wens, Bruises, Varicose Veins, Heat Sores, Allergic Pain. Will tell you more if you write. 45¢ and \$2 a bottle at dealers or delivered. Liberal trial bottle for \$1.00. W. F. YOUNG, P. O. F., 310 Temple St., Springfield, Mass.

COLD HEAD CATARRH

INSTANTLY RELIEVED BY THE DR. MARSHALL'S CATARRH SNUFF 25¢

Agents—It is to be daily selling guaranteed homeopathic snuff at 25¢ per box. Free sample. Send stamp and name to Dr. Marshall's Catarrh Snuff, 25¢. ANY INDUSTRIOUS MAN may develop a fine business by selling this snuff. The Catarrh Snuff business is a money maker. Send for circular. Full particulars. Black write to E. J. Adams, 170 Broadway, New York City.

FAMOUS SCIENTIST AS CHEF

Visitors Mistaken in Thinking Metchnikoff Was Engaged in Laboratory Experiments.

One day some distinguished visitors who had arrived in Paris and were being escorted about by a committee were taken to call upon the late Professor Metchnikoff (the famous scientist who believed that the secret of long life lay in diet) toward the hour of noon. The laboratory was all but empty, as most of the workers had departed for that sacred meal, the French déjeuner. But Metchnikoff was there himself, intent upon a vessel he was holding over a gas burner.

"It must be a very interesting experiment that keeps you engaged even at this hour," remarked one of the committee.

"Look for yourself," said Metchnikoff, and, continuing to stir with a glass tube, held up the dish so that a delicious fragrance rose to the noses of the visitors.

"That's what I'm working at," he laughed. "Banana in slices, fried in butter. It is excellent."—World's Work.

Quite a Different Thing.

The beautiful girl's smiles changed to a dark frown. "You deceived me," she hissed. "I hate you!"

The young man dropped his hat in astonishment. "Hate me?" he gasped; "why it was only yesterday you said you loved every hair on my head?"

"Yes, villain, but not every hair on your shoulder!" as she held aloft a long golden one.—Stray Stories.

Valuable By-Products.

The value of tar, ammonia and benzol products recovered in the manufacture of artificial gas in municipal plants and at by-product coke ovens in this country in 1915 was nearly \$25,000,000.

Wood can be hardened and waterproofed by boiling for a few minutes in olive oil.

A Growing Custom!

The custom of placing Grape-Nuts on the table at all meals is growing in American homes.

Both children and grown-ups help themselves to this delicious food as often as they like. It contains the entire nutriment of wheat and barley, digests quickly, and is wonderfully energizing.

Every table should have its daily ration of

Grape-Nuts

"There's a Reason"